



Hello,

You have been referred for an insulin pump start with the Diabetes Allied Health Team at RCH.

An insulin pump is a small wearable device used to deliver a continuous, personalized dose of rapid-acting insulin. Worn in conjunction with a continuous glucose monitor (CGM) it provides better control over blood glucose levels than multiple daily injections, leading to better glycaemic control and quality of life.

The first step to starting on an insulin pump is to complete the attached checklist and return it to diabetesadmin@rch.org.au along with the additional documentation requested in the checklist.

This additional documentation includes:

1. Evidence that you have successfully completed the Pump Information Module. You can produce a PDF document at the completion of the online module or take a screenshot of the final screen showing your score.
2. Your completed Carbohydrate Worksheet.
3. Evidence of your chosen funding option. EG: a letter/email from Breakthrough T1D confirming your application, written confirmation from another charity such as Variety indicating that they will fund your pump or a letter or some other form of written documentation from your Private Health Insurer indicating that you are eligible for an insulin pump including an indication of when this funding will be available. Your checklist will not be processed without this evidence.

Once we have received your fully completed checklist you will be placed on the insulin pump waitlist, and you will receive an email to confirm this. If your checklist is incomplete, we will email you requesting the missing information and you will not be placed on the waitlist until the missing information is provided. If you do not receive a confirmation email please email again to ensure your checklist and documents have been received.

Please note without a referral from your Endocrinologist for an Insulin Pump your checklist will not be processed.

When it is approaching time for your pump start, we will send you the necessary paperwork to complete so we can order the insulin pump and will provide you with the details of your pump start appointments.

Information to assist you in completing the checklist can be found on our website by scanning this QR code.



If you misplace your checklist, you can also print another copy from the website.

If you have any questions about completing this checklist that are not answered on our website (scan QR code to access), you can send your questions to diabetes@rch.org.au Please note it may take 7-10 days to respond to your email.